

The notebook cover features a grid pattern in shades of blue, green, and purple. A large white oval is positioned at the top. The words 'COURAGE', 'PASSION', 'MOTIVATION', and 'RESPECT' are written in large, white, bold, sans-serif capital letters with a blue outline, stacked vertically in the center. The background is divided into several colored sections: a light blue top section, a purple section on the right, a green section in the middle, and a yellow section at the bottom left. The spiral binding is on the left side.

COURAGE  
PASSION  
MOTIVATION  
RESPECT